

Minnesota Articulated College Credit (ACC) Agreement

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Agreement Name: Nursing Assistant/Home Health Aide Regional

Agreement Last Reviewed: October 2019

Next Review Date: October 2021

College Courses

Class	Title	School	Credits	
HLTH 1398	Nursing Assistant	Minnesota State College Southeast	3.0	of 3.0
HC 1175	Nurse Assistant	Minnesota West Community & Technical College	3.0	of 3.0
NA 1500	Nursing Assistant -- Theory & Clinical	Rochester Community & Technical College	4.0	of 4.0
NA 1501	Nursing Assistant - Home Health Aide Theory	Rochester Community & Technical College	1.0	of 1.0
HCTC 1886	Nursing Assistant	South Central College	4.0	of 4.0

Curriculum Content Objectives

To receive credit, students will master 100% of the following content objectives:

1. Describe health worker's role
2. Describe personal qualifications
3. Describe legal/ethical issues
4. Identify Bill of Rights
5. Identify vulnerable adult
6. Describe abuse reports
7. Describe growth / development stages
8. Describe safety precautions
9. Describe normal aging process
10. Demonstrate standard precautions
11. Demonstrate medical asepsis
12. Demonstrate hand washing
13. Identify emergency situations
14. Demonstrate unoccupied bed making
15. Demonstrate occupied bed making
16. Demonstrate body mechanics
17. Identify verbal communication
18. Identify nonverbal communication
19. Describe basic physical needs
20. Describe effective communication techniques
21. Describe reporting / documentation role
22. Describe death / dying
23. Identify coping mechanisms
24. Identify DNR directives
25. Identify bed shampoo techniques
26. Describe personal care
27. Demonstrate bed bath / partial bath
28. Demonstrate tub / shower techniques
29. Demonstrate hand, nail and foot care
30. Demonstrate perineal care delivery
31. Describe universal precautions related to communicable disease / AIDS care
32. Demonstrate donning and removal of PPE
33. Describe ADL rehabilitation principles
34. Demonstrate shoulder / arm exercises (PROM)
35. Demonstrate knee / leg exercises (PROM)
36. Demonstrate client ambulation techniques
35. Demonstrate transfer techniques
37. Demonstrate lift sheet use
38. Demonstrate client positioning

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| 39. Describe nutritional diets | 51. Demonstrate pulse taking |
| 40. Demonstrate bedpan / urinal placement | 52. Demonstrate respiration count |
| 41. Describe Alzheimer's / mental illness care | 53. Demonstrate blood pressure measurement |
| 42. Demonstrate pressure relieving device usage | 54. Demonstrate intake /output measurement |
| 43. Demonstrate elastic stocking application | 55. Demonstrate weight measurement |
| 44. Demonstrate dressing a client with a weak right arm | 56. Demonstrate unit care |
| 45. Demonstrate feeding | 57. Describe time management |
| 46. Demonstrate mouth and denture care | 58. Describe safe food storage |
| 47. Describe therapeutic diets | 59. Demonstrate urinary drainage care |
| 48. Describe behavior modification techniques | 60. Identify psychosocial needs |
| 49. Demonstrate toileting techniques | 61. Identify spiritual needs |
| 50. Demonstrate temperature taking | 62. Describe alcohol / drug abuse |
| | 63. Describe meal preparation |
| | 64. Describe home cleaning procedures |

Assessments:

- Students must achieve no less than 80% or B for a final grade in the high school course to receive ACC.
- The course must be taught by an instructor who meets the Minnesota Department of Health criteria for teaching nursing assistant curriculum and follows the Minnesota Department of Health nursing assistant course curriculum.
- Students are encouraged to take and pass the MN Department of Health Nursing Assistant Registry assessment (NAR).

ACC Concept:

Skills for selected courses, required for graduation in programs at the colleges participating in this regional agreement are taught in our schools using the assessments developed collaboratively by secondary and post-secondary staff. High School credit is earned and college credits are earned if the student meets the college achievement.